

# Pershore Foodbank

## What is a Foodbank?

The Pershore Foodbank is one of a number managed by the Trussell Trust, a church based charity, working with local volunteers to help those in need as a short term measure, when regular resources are unavailable.

## Did you know.....

13 million people live below the poverty line in the UK. Trussell Trust foodbank provides a minimum of 3 days emergency food and support to local people in crisis.

- **913,138** people received three days' emergency food from Trussell Trust foodbanks in 2013-14 compared to **346,992** in 2012-13.
- Figures are 'tip of the iceberg' of UK food poverty says Trussell Trust Chairman, Chris Mould.
- 83% of foodbanks report 'sanctioning' is causing rising numbers to turn to them.
- Foodbank figures trigger biggest ever faith leader intervention on UK food poverty in modern times.

## You can donate food

All food given out by foodbanks is donated. Often this is from schools, churches, businesses, individuals, or through supermarket collections. Foodbank volunteers offer shoppers a 'foodbank shopping list' and ask them to buy an extra item with their shop.

## You can volunteer

At the warehouse, local volunteers weigh and sort the donated food according to type and 'best before date'. They also check for damage and suitability before packing it into boxes for storage.

## Frontline professionals identify people in need

Professionals from statutory and voluntary organisations such as: doctors, health visitors, social workers, Citizens Advice Bureau staff, welfare officers, the Police and probation officers, identify people in crisis and issue them with a foodbank voucher.

## Clients receive emergency food

Clients take their voucher to the foodbank where it can be exchanged for three days supply of emergency food. The list of foods in each parcel has been designed by dieticians to provide clients with nutritionally balanced food. Some foodbanks run a delivery service, to get emergency food to clients who are unable to get to a foodbank.

### **Signposting to additional support**

Whilst their food is being packed, Foodbank volunteers will sit and chat with clients over a cup of tea or hot meal. As the story unfolds the volunteer may be able to suggest additional help which can resolve any underlying problems.

### **Where to donate**

If you would like to donate food you can drop tinned, tetra pac or dry goods into Angela Fitch at 3, King William IV Close, or phone 01386 751682 for collection, or just call into St Andrews, Pershore any Tuesday, 11am – 1pm or any Friday 1pm – 3pm to drop off your donation.

For more information about Pershore Foodbank visit <http://pershore.foodbank.org.uk/> or phone [info@pershore.foodbank.org.uk](mailto:info@pershore.foodbank.org.uk)